

\*Subject to change. Visit [yogasol.com/classes](http://yogasol.com/classes) for most current version of class calendar.

CLASS SCHEDULE

SUN	MON	TUES	WED	THURS	FRI	SAT
					1 6:30 AM BIKRAM MUSIC 75 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM YOGA 75 4 PM HOT HIIT PILATES 6 PM BIKRAM YOGA 90	2 8 AM BIKRAM YOGA 90 10 AM BIKRAM YOGA 75 12 PM HOT HIIT PILATES 2 PM BIKRAM YOGA 75 4 PM BIKRAM YOGA 90
3 8 AM BIKRAM YOGA 90 10 AM BIKRAM YOGA 75 12 PM HOT HIIT PILATES 2 PM BIKRAM YOGA 75 4 PM BIKRAM YOGA 90	4 6:30 AM BIKRAM MUSIC 75 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM YOGA 75 5:30 PM HOT HIIT PILATES 7 PM BIKRAM YOGA 90	5 6:30 AM BIKRAM YOGA 75 8 AM HOT HIIT PILATES 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM MUSIC 75 5:30 PM HOT HIIT PILATES 7 PM BIKRAM MUSIC 75	6 6:30 AM BIKRAM PLUS 8 AM PILATES STRENGTH 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM MUSIC 75 5:30 PM BIKRAM YOGA 90 7:30 PM HOT HIIT PILATES	7 8 AM HOT HIIT PILATES 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM YOGA 75 5:30 PM BIKRAM YOGA 90	8 6:30 AM BIKRAM MUSIC 75 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM YOGA 75 4 PM HOT HIIT PILATES 6 PM BIKRAM YOGA 90	9 8 AM BIKRAM YOGA 90 10 AM BIKRAM YOGA 75 12 PM HOT HIIT PILATES 2 PM BIKRAM YOGA 75 4 PM BIKRAM YOGA 90
10 8 AM BIKRAM YOGA 90 10 AM BIKRAM YOGA 75 12 PM HOT HIIT PILATES 2 PM BIKRAM YOGA 75 4 PM BIKRAM YOGA 90	11 6:30 AM BIKRAM MUSIC 75 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM YOGA 75 5:30 PM HOT HIIT PILATES 7 PM BIKRAM YOGA 90	12 6:30 AM BIKRAM YOGA 75 8 AM HOT HIIT PILATES 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM MUSIC 75 5:30 PM HOT HIIT PILATES 7 PM BIKRAM MUSIC 75	13 6:30 AM BIKRAM PLUS 8 AM PILATES STRENGTH 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM MUSIC 75 5:30 PM BIKRAM YOGA 90 7:30 PM HOT HIIT PILATES	14 8 AM HOT HIIT PILATES 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM YOGA 75 5:30 PM BIKRAM YOGA 90	15 6:30 AM BIKRAM MUSIC 75 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM YOGA 75 4 PM HOT HIIT PILATES 6 PM BIKRAM YOGA 90	16 8 AM BIKRAM YOGA 90 10 AM BIKRAM YOGA 75 12 PM HOT HIIT PILATES 2 PM BIKRAM YOGA 75 4 PM BIKRAM YOGA 90
17 8 AM BIKRAM YOGA 90 10 AM BIKRAM YOGA 75 12 PM HOT HIIT PILATES 2 PM BIKRAM YOGA 75 4 PM BIKRAM YOGA 90	18 6:30 AM BIKRAM MUSIC 75 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM YOGA 75 5:30 PM HOT HIIT PILATES 7 PM BIKRAM YOGA 90	19 6:30 AM BIKRAM YOGA 75 8 AM HOT HIIT PILATES 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM MUSIC 75 5:30 PM HOT HIIT PILATES 7 PM BIKRAM MUSIC 75	20 6:30 AM BIKRAM PLUS 8 AM PILATES STRENGTH 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM MUSIC 75 5:30 PM BIKRAM YOGA 90 7:30 PM HOT HIIT PILATES	21 8 AM HOT HIIT PILATES 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM YOGA 75 5:30 PM BIKRAM YOGA 90	22 6:30 AM BIKRAM MUSIC 75 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM YOGA 75 4 PM HOT HIIT PILATES 6 PM BIKRAM YOGA 90	23 8 AM BIKRAM YOGA 90 10 AM BIKRAM YOGA 75 12 PM HOT HIIT PILATES 2 PM BIKRAM YOGA 75 4 PM BIKRAM YOGA 90
24 8 AM BIKRAM YOGA 90 10 AM BIKRAM YOGA 75 12 PM HOT HIIT PILATES 2 PM BIKRAM YOGA 75 4 PM BIKRAM YOGA 90	25 6:30 AM BIKRAM MUSIC 75 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM YOGA 75 5:30 PM HOT HIIT PILATES 7 PM BIKRAM YOGA 90	26 6:30 AM BIKRAM YOGA 75 8 AM HOT HIIT PILATES 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM MUSIC 75 5:30 PM HOT HIIT PILATES 7 PM BIKRAM MUSIC 75	27 6:30 AM BIKRAM PLUS 8 AM HOT HIIT PILATES 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM MUSIC 75 5:30 PM BIKRAM YOGA 90 7:30 PM HOT HIIT PILATES	28 8 AM HOT HIIT PILATES 9:30 AM BIKRAM YOGA 90 12 PM BIKRAM YOGA 75 5:30 PM BIKRAM YOGA 90		



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